

Hotel Bed Bug Inspection Checklist



Keep luggage off the floor

Place luggage in the bathroom or on a hard surface while inspecting the room



Inspect luggage racks

Check racks and stands for signs of bugs before using them



Check upholstered furniture

Examine chairs, couches, and headboards for dark spots or live bugs



Inspect mattress seams and edges

Peel back sheets and look closely along the seams and edges of the mattress



Check box springs

Inspect all sides and corners of the box spring for signs of bed bugs.



Look at headboards

Carefully check the headboard, especially the back and seams.



Inspect baseboards and corners

Use your phone flashlight to scan behind furniture and along wall edges.



Look for tiny blood spots or droppings

Look for reddish-brown stains (bed bug droppings or crushed bugs).



Use flashlight for hidden areas

Shine a light into cracks, folds, and seams to spot hidden pests.



If you find bed bugs, request a new room

Ask for a room on another floor if possible



After your stay, wash and dry clothes on high heat

Wash clothes in hot water and dry on high heat immediately after returning



Inspect luggage before bringing it inside

Vacuum and inspect your suitcase before bringing it into your home.